

Aspiring Leaders Programme

We look forward to welcoming you to our Aspiring Leaders Programme.

The programme is delivered across four sessions, which are designed to help you understand the challenges of leadership and to consider the ways you can become a more authentic and collaborative leader.

During these sessions, you will be building the skills, knowledge and behaviours that will help to support you in your current role, as well preparing you for any future roles.

Session Overview

<p><u>Session 1</u> <u>Leadership values</u></p> <p>Thursday 10th October 09.30 – 12.30</p>	<ul style="list-style-type: none">- Leadership vs management- Types of leadership styles- Own leadership style- Emotional resilience- Team member to team leader
<p><u>Session 2</u> <u>Leading teams</u></p> <p>Wednesday 23rd October 09.30 – 12.30</p>	<ul style="list-style-type: none">- Building trust- Inspiring others- Understanding HR- Coaching and mentoring- Dealing with conflict
<p><u>Session 3</u> <u>Delivering results</u></p> <p>Tuesday 5th November 09.30 – 12.30</p>	<ul style="list-style-type: none">- Understanding strategy- Evaluating risk- Problem solving- Managing workloads and deadlines- Effective communication
<p><u>Session 4</u> <u>Creating effective relationships</u></p> <p>Wednesday 13th November 09.30 – 12.30</p>	<ul style="list-style-type: none">- Collaborative working- Leading projects- Stakeholders v partners- Influencing others- Appreciating diversity

Programme materials

The Thinkific online course platform hosts our training portal, where all the materials for this programme will be stored, enabling you to access them at any time. You will be registered as a user on this platform after your first session.

<https://www.thinkific.com/signin/>
<https://www.faabtraining.co.uk/>

Working in partnership



Learning Outcomes

On completion of the Aspiring Leaders programme, you will:

Leadership values

Understand the value of self-awareness in leadership including:

- ✓ the meaning of leadership and management
- ✓ different types of leadership styles you can use
- ✓ the skills required to lead and your preferred leadership style
- ✓ emotional resilience and your ability to respond to stressful or unexpected situations
- ✓ successfully progressing from team member to team leader

Leading teams

Understand the importance of building and leading teams including:

- ✓ different ways that you can build trust with others
- ✓ how integrity can be used to inspire others
- ✓ the supporting role HR can play
- ✓ providing additional support through coaching and mentoring
- ✓ effectively dealing with conflict

Delivering results

Understand the ways you can harness your potential to achieve success including:

- ✓ using a strategic approach to create a forward-focused vision
- ✓ successful evaluation of risks to ensure they are managed effectively
- ✓ using problem solving skills to support effective decision making
- ✓ managing workloads in order to deliver measurable results
- ✓ the importance of language and non-verbal communication

Creating effective relationships

Understand the value of internal and external networking for developing effective relationships including:

- ✓ the benefits of collaborative working
- ✓ different ways to successfully lead projects
- ✓ the importance of developing relationships with stakeholders and partners
- ✓ influencing others to support delivery
- ✓ understanding and appreciating diversity

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