



chemicals known as **acrylates**.
These include **HEMA** (2-hydroxyethyl methacrylate) and **Di-HEMA** (trimethylhexyl dicarbamate). These acrylates can be allergens and if you develop an allergy, they can cause skin damage and lifelong side effects.

## Trust the professionals

To reduce the risk of developing an allergy, UV gel nail treatments should only be administered by trained salon professionals using proper lamps.

Some UV nail lamps sold online may not be suitable for the job they are advertised for.

Never buy products online that contain HEMA or Di-HEMA — they are illegal for home use.

And just because some products are 'HEMA-free' does not mean they are safe if you have a HEMA allergy; treatments advertised as 'HEMA-free' can contain other powerful acrylates.

## Fake nails can be a real pain

- Avoid skin contact
- Apply to healthy nails only
- Wear gloves and do not reuse them
- Use reputable products which comply with cosmetics safety legislation



