



RHOWCH WYBOD INNI OS OES GENNYCH ALERGEDDAU NEU ANODDEFIADAU BWYD

TELL US IF YOU HAVE AN ALLERGY OR INTOLERANCE

JÌ ME RE BÊJÎN GELO HÛN ALERJÎ AN HESTYARÎ HEYE



**Grawnfwydydd
sy'n cynnwys
glwten**

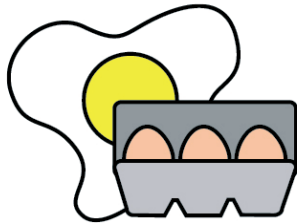
Gwenith (megis
gwenith yr Almaen,
Khorasan, Kamut),
Rhyg, Haidd, Ceirch

**Cereals
containing
gluten**

Wheat (such as Spelt,
Khorasan, Kamut),
Rye, Barley, Oats

**Dexlên ku
gluten di nav
wan da heye**

Genim (wekî genima
Almanî, Xorasan,
Kamût), Cehgenim,
Ceh, Xirpûk



Wyau

Eggs

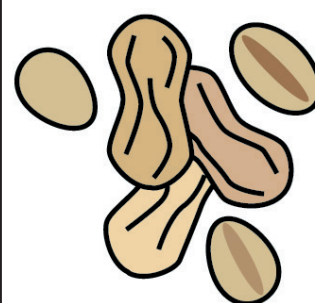
Hêk



Cnau Coed

Tree Nuts

Kakilên daran



Pysgnau

Peanuts

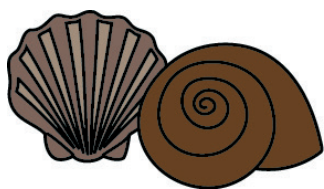
Fisteqê erdê



Llaeth

Milk

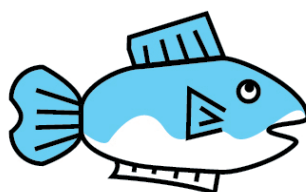
Şîr



Molysgiaid

Molluscs

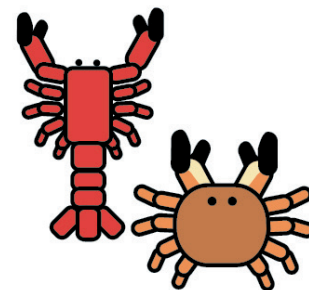
Molûska



Pysgod

Fish

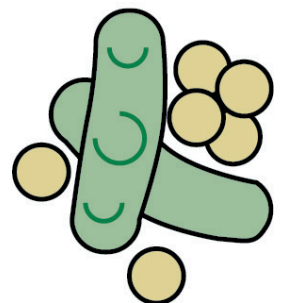
Masî



Cramenogion

Crustaceans

Qalikdara



Soia

Soya

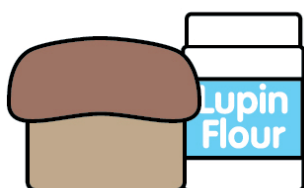
Soya



**Sylffwr Deuocsid
(sylffitau)**

**Sulphur Dioxide
(sulphites)**

**Dioksîdê Sûlfûr
(sulfît)**



Bys y blaidd

Lupin

Lupîn



Hadau Sesame

Sesame Seeds

Tovê Kuncî



Seleri

Celery

Kerfes



Mwstard

Mustard

Xerdel